



Date: April 13<sup>th</sup> 2014

### Patient Information

Patient Name: **Mrs. Jane Doe**

Family Physician: Dr. Smith

Date of first visit: March 3<sup>rd</sup> 2014

### MD info

Dr. Smith  
Family Medicine Centre  
123 Rideau St  
Ottawa, Ontario K1A 2B3

### Diagnosis/ Clinical Impression

Original Diagnosis: Cervical and thoracic facet syndrome, secondary to upper cross syndrome as well as lumbar facet syndrome

Revised Diagnosis: Nil

### Treatment Outcome

- Patient Discharged
  - Signs/symptoms resolved
  - Maximum therapeutic benefit attained
  - Signs/symptoms unchanged
  - Referred to physician
  - Inappropriate for care
- Care is ongoing
  - Patient is improving but signs/symptoms have not yet resolved
  - Patient is stable and care to be provided as necessary

### Revised Plan of Management

- SMT
- Mobilization
- Soft Tissue Therapy
- Exercise Program
- Other:

Initial Treatment Plan: 12 visits

Subsequent Treatment Plan: as needed

Reassessment Period: 12 visits

### Comments & Suggestions:

Mrs. Doe has been discharged from acute care. Her initial symptoms of neck, upper and low back pain have resolved. Upon re-examination, her C/S and L/S ROM was within normal limits and no pain free. Mrs. Doe reports that her posture has improved and she has been able to start her gardening. The patient has been instructed on a series of exercises to do at home and has been diligent in doing them frequently.

### Recommendations:

Mrs. Doe should continue the prescribed exercise regimen 3x/week and chiropractic care is to be provided as needed.

Provider:

Signature: \_\_\_\_\_